STEP 1: What can I give up?



Think about the many roles you play in your business and personal life. What can you let go of or pass on to someone else? List those things below. Want to flush this out further? See Step 2 activity on the back!

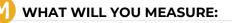
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STEP 2: How do I let go?











STEP 3: Repeat for your other goals.

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